

# TWIBC SPORTS

THIS WEEK IN BERGEN CATHOLIC SPORTS

# CRUSADERS ROARING INTO THE TWENTIES

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## Bernik, Morton and Washburn Tops

December 30 – Ridgefield Park, NJ – Nick Bernik,



Hunter Morton and Ethan Washburn won gold at the Bogota-Ridgefield Pk JV Tourney. Ethan pinned his way to gold in the 106



lb. final at the 1:47 mark versus an opponent from Pascack Hills and Hunter earned a 3-0 decision in his final at 160 lbs.

## Crusader Holiday Basketball Tournament

### Frosh Put Too Much Pressure on Archbishop Stepinac in Final



December 30 – Oradell, NJ – The Crusader freshmen



basketball team used a combination of full-court pressure defense and fast-break offense to defeat a very strong Archbishop Stepinac team from White Plains, 74-64, to win the Crusader Holiday Freshman Tournament.

Point guard Saeed St.Fleur demonstrated why he is one of the most gifted athletes in the school. Following his outstanding football season, where he starred as a tailback, he is using

his vision and decisiveness to slice apart opposing defenses. Saeed dropped in 12 for the Crusaders who jumped out in front 23-16 in a dominating first quarter.

Montique Nedd led BC scorers with 25 points including three 3-point baskets.

Vaughn Foster was difficult to defend under the basket and he scored 13, while teammate, Austin



Sargenti, found his sweet spot all around the court, adding an even dozen.

Big Man, Jack Comeau, was a force under the boards as well, grabbing a ton of defensive rebounds and pitching in four points. Rocco Gratale and Jack Deleon each scored four points as well.

Everyone's contribution was critical as the Crusaders opened their 7-point first quarter lead to 14 by the half. It increased to 17 entering the final period where the visiting Crusaders got hot, scoring 26 points in the final 8 minutes.



BC answered the bell, however and took home the Frosh Holiday Basketball Tournament Title. Congratulations to Coach JT and his squad!

### Valiant Effort Comes Up Just Short for JV Hoops vs. Green Raiders in Final

December 30 – Oradell, NJ – Ramapo jumped out to a 15-6 first period advantage over the Crusaders in the Holiday Tournament Final, but BC fought all the way back to make it a one-possession game in the fourth. Ultimately, the surge was not



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Buchanan Tournament in Clovis, California. This extremely competitive tournament saw wrestlers from 20 different high schools and 7 different states among the 28 tournament finalists.

Joe Cangro reached the semifinals of the tournament and Nate Camiscioli reached the quarterfinals in the west. Three others reached the Round of 16 including Nick Kayal, Eric Broadie and Joseph Zargo.

*A team that eats together...The wrestlers are sharing a meal at Texas Roadhouse in California.*



## Crusaders Cut the Lawn 81-58

January 3 – Fair Lawn, NJ – BC took on an undefeated



Fair Lawn five on the road on Friday night. The Cutters were able to hold tough for the first quarter, but things unraveled quickly in the second as

the Crusaders outscored their hosts 50-15, led by Will Richardson's game-high 25 points.

Matt Zona continued his dominance inside, scoring 18 points five Crusaders hit the double-digit scoring mark including Jahsiem Davis (13), Joe Scrivanich (12) and Raejon Figures (10). Elijah Flournoy pitched in a three pointer for good measure and BC improved to 2-0 in the Big North.

## JV Rebounds with Big Win in Fair Lawn

January 3 – Fair Lawn, NJ – The Crusaders responded well to their tournament final setback by man-handling Fair Lawn HS 76-37. As a result, the Crusaders improve to 4-1 on the young season.

## Frosh Roll Over the Lawn

January 3 – Fair Lawn, NJ – BC's youngest hoop squad tipped off the evening in the visitor's favor by setting the tone with a 76-38 victory over the Cutters.

## JV Hockey Team Arrests Pirates

January 3 – Montclair, NJ – The JV Hockey team has been busy this Christmas break. On Friday afternoon, the Crusaders stopped Seton Hall Prep 1-0. Brandon Schact scored 3:23 into the



third period, providing the only offense on the day. Ryan Henry went the distance for the shutout, turning away 35 shots on goal.

## Donnelly's Goal Lifts JV Hockey 3-2

January 3 – Hackensack, NJ – In the nightcap, the hockey team needed a little more offense as they outscored St. Peter's Prep 3-2. Steve Saxton opened the scoring for BC with just 1:03 remaining in the first. He was assisted by Max Baldomir. After the Marauders tied the score at 1, early in the second, Jake Barnes, assisted by Tim Kelly, put BC back out in front 2-1 with 11:42 remaining in the second.

St. Peter's would not go away, however, and scored six minutes later to tie the score at two. The teams entered the third period knotted up and skated hard until Chris Donnelly found the back of the net off an assist from JT Verdino at the 7:09 mark. Netminder Charlie Borg turned away 11 shots, helping the team improve their overall record to 7-3-1



## Annual Alumni Lax Reunion



January 3 – Washington Township, NJ – Bacari Grill hosted the annual BC Lacrosse Alumni reunion on Friday

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night. Members of BC's inaugural 1995 team, the 2015 State Championship team and even last year's 2019 class members celebrated another year with Coach Kelly and members of his staff.

## #6 BC Tames #10 Hawks

**January 4 – Mahwah, NJ** – Two of the state's top ranked teams met up at Ramapo College on Saturday Night in a close, low scoring game. The Crusaders, led by Julian Brown's 19 points edged Hudson Catholic 49-42 in the Dennis Gregory Memorial Classic.



Matt Zona, once again, was too much for opponents to handle, scoring 17 points on the night as BC extended a 22-21 halftime lead to a 10-point margin after three. Will Richardson, Jahsiem Davis, Raejon Figures and Elijah Flournoy contributed 13 points among them to help BC to a 7-1 start on the season.

## Indoor Track Team Makes the Most of the Break!

The BC Indoor Track team was busy over the winter break, including 4 meets from Sunday, 12/29 through Saturday, 1/4.

**December 29 – New York, NY** - The team traveled to the Armory Track Center in Manhattan for the NJ Catholic Track Conference relays. The freshman shot put relay team continued the tradition of winning at this meet. The team of Justin King, Dino Borghi, and Donald Keating took home the gold. A very impressive performance was turned in by the sprint medley relay of junior Elijah Somerville, sophomore Fabian France, freshman Allan Hilton Clarke, and junior Owen McCarthy, who took second in the #16 time in the nation thus far this season. Other medalists were the long jump relay (France and Hilton Clarke, 4th), the pole vault relay (junior Eamon Bednarcik and freshman Oliver Lopez, 4th), the shot put relay (senior Sean Lennox, sophomore Johnny Aghjayan, and senior Aedan Kearns, 6th), and the frosh/soph 4x800 relay (freshmen Thomas Rogers, Joseph Griffith, and Ronan Flynn, and sophomore Thomas Staff, 6th).

**January 3 – Hackensack, NJ** – BC runners competed at the Zaccone Invitational at FDU. They came away with 3 golds and 2 silvers. Allan Hilton Clarke won the freshman 200, and took second in the freshman 55. Fabian France took first

in the varsity 200. The freshman 4 x 800 (James Hughes, Joseph Griffith, Thomas Rogers, and Daniel Makino) took first, as well. Justin Martone took 2nd in the varsity hurdles. Many other season bests were turned in by the Crusaders.

**January 4 – New York, NY** – A septet of milers took to the track at the Armory's Hispanic Games. Sophomore Alex Shaia was quickest, running a PR of 4:50.78.

**January 4 – Garfield, NJ** – The BC throwers and high jumpers competed at the Garfield High School Invitational. Top performances were turned in by junior Jaden Ebanks (2nd in the novice high jump) and freshman Justin King (3rd in the freshman shot put).

## BOTW: Ring-Billed Gull

**January 1 – Lake Henry, PA** – The next time you see a sea-gull, you might want to be a little more specific (or you might not). I knew what you were thinking...

In any case, if you wanted to be a little more specific, this may help you to do so. From my experience, 95% (or more) of the gulls I experience at this time of year, especially, in and around Bergen County are Ring-billed Gulls.



They are medium sized gulls (roughly 17-21 inches long) with a black band across their yellow bill. They have yellow legs and a pale eye and they have a light grey back. RBG was my first bird of the new year, heck, new decade hence the reason I share it today.

There are two other gulls you could encounter at this time of year that appear similar: Herring Gull and Great Black Backed Gull. Both are considerably larger than the RBG. Adult Herring Gulls are larger than RBGs as well, measuring 22-26 inches. They have pink legs and no black ring around the bill.

The GBBG is the largest gull species in the world, measuring 28-31 inches. They have pink legs, a dark grey/black back and red spot on the lower bill and red ring around their eye.

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## Crusaders Defeat Lions in JV Hockey

**December 31 – Wayne, NJ** – The JV Hockey team took on Staten Island's own, Monsignor Farrell on New Year's Eve, BC's last athletic competition of the decade. The Crusaders started and finished strong, taking a 5-3 victory from their cross-river foe.

Steve Saxton continued his assault on opponents' goals, recording a hat trick, scoring BC's first, third and fifth goals of the afternoon. Jake Barnes score a power play goal (assisted by Saxton) to give BC a 2-0 lead in the first. Carlucci scored off a Joe Garcia assist to give BC a 4-3 lead with 2:31 remaining in regulation. Leonard Carlucci then found Saxton for the empty-netter to finish it off. Matt Hughes and Tyler Ugliono added assists for BC as Ryan Henry stopped 33 shots for the win.



## Here's a Tip: Don't Count the 2020 Crusaders Out!

**January 1 – Oradell, NJ** – The 2020 New Year's Tip Off Classic was held for the first time on the Christopher J. Donfield Court at Hoehl Gymnasium on Wednesday. In the feature 8:45 pm game (of seven played throughout the day), the state's #6-ranked Crusaders hosted St. Raymond's of the Bronx, NY before a sell-out crowd.

The faint-of-heart fan may have left following the first quarter which saw the Ravens jump out to a 27-7 first-quarter lead.

They might not have realized what impact this up-tempo, high shooting percentage approach would have on an opponent after 32 minutes. The second quarter saw BC put

up 27 points of its own, cutting the St. Raymond lead from 20 to just 6.

The third quarter saw another solid BC performance as they cut the lead in half, outscoring the Ravens 15-12 and



now BC was within one possession of tying the score.

Will Richardson led all scorers with 31 points, his career high. Richardson's ability to drive to the basket and force the Raven defense to collapse, opened his teammates as he added 7 assists. Notre Dame-bound Matt Zona added a double-double, with 22 points and 13 rebounds for BC.

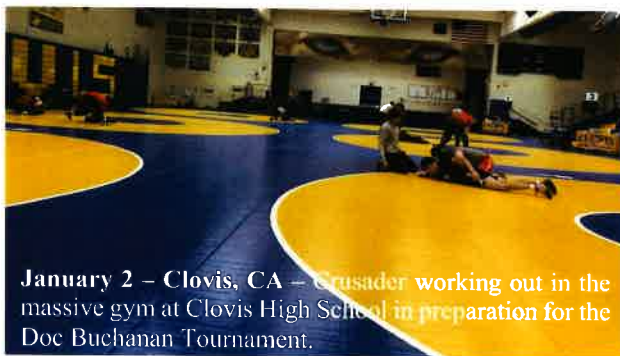
It was Richardson and Zona that propelled a 16-0 run in the fourth quarter, helping the Crusader take a commanding lead over St. Raymond's.

Jahsiem Davis grabbed 12 rebounds for the Crusaders and added three points while Julian Brown pitched in 7 points and Elijah Flourmoy contributed 6 points.

In their second-to-last possession, St. Raymond's hit a three-point field goal and was fouled. They converted a four-point play, cutting the Crusader lead to just two. After a couple of fouls against BC and a full-court desperation shot, BC came away with the well-earned victory 69-67.

## Crusader Grapplers at Doc B

**January 3-4 – Clovis, CA** – Dylan Cedeno represented BC's finest on Friday and Saturday, reaching the finals at the 132 pound weight class and placing second at the Doc



January 2 – Clovis, CA – Crusader working out in the massive gym at Clovis High School in preparation for the Doc Buchanan Tournament.

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If you have any bird photos you have questions about or that we can share, please feel free to send them to [jhaemmerle@bergenatholic.org](mailto:jhaemmerle@bergenatholic.org) and yours may be the bird of the week!

## BONUS BOTW!

### Black Headed Gull

January 5 – Carlstadt, NJ – As I thought I may have completed this week's TWIBCS, an alert came over the Bergen County Birding Hotline. A sighting of a Black-headed gull at River Barge Park was made at 1:27 pm. I realize this is an NFL playoff weekend, but there was also the possibility of Life Bird #386 and frankly, if it's not the G-men, how important of a game could it really be?

So, I hopped into the car and made it to the park in time to get this photo.



As we're talking gulls in this week's BOTW, I figured I should point out some key differences with this bird and the others. Black Headed Gull is a Eurasian bird (Old World) which also resides in Canada. There may be sightings of BHG in NJ annually, but it is certainly a rarity.

BHG is smaller than RBG and the others. While the white body and light grey back may seem very similar, it has red legs and a red bill. It also has a black mark behind its eye. Below is a picture of BHG (right) with RBG (middle) and Herring Gull (left). Notice the differences, especially in size.



**BERGEN CATHOLIC**  
presents  
**ALL SHOOK UP**  
The Music of Elvis Presley®  
book by Joe DiPietro

February 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup>  
Friday & Saturday - 7:30pm  
Sunday - 3:00pm

Hackensack  
Performing Arts Center  
102 State Street  
Hackensack, NJ

General Admission: \$15  
Students and Seniors: \$12

Purchase tickets at:  
[www.hacpac.org/events/list](http://www.hacpac.org/events/list)  
[bergenatholic.org](http://bergenatholic.org)

## All Male Choral Festival

Hosted by the  
**BERGEN CATHOLIC**  
Men's Vocal Ensemble

Participating Choirs

- DELBARTON
- SETON HALL PREP
- ST. PETER'S PREP

Date: Saturday, February 1<sup>st</sup>  
Time: 7:30 pm  
Place: Academy of The Holy Angels  
315 Hillside Avenue  
Demarest, NJ

Featuring

The Rutgers University Men's Glee Club  
**RUTGERS**

Purchase Tickets at  
[BCHS.booktix.com](http://BCHS.booktix.com)

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## Next Week in Bergen Catholic Sports

<u>Day/Date</u>	<u>Time</u>	<u>Sport</u>	<u>Opponent</u>	<u>Location</u>
<b>Monday, January 6</b>	<b>3:00 PM</b>	<b>Var Ice Hockey</b>	<b>St. Augustine</b>	<b>Ice House</b>
Monday, January 6	3:30 PM	V/JV Bowling	Paramus Catholic	Bowler City
Monday, January 6	4:00 PM	Fr Basketball	Roselle Catholic	Roselle Catholic
Monday, January 6	5:030 PM	JV Basketball	Roselle Catholic	Roselle Catholic
Tuesday, January 7	4:00 PM	Fr Basketball	Paramus Catholic	Paramus Catholic
Tuesday, January 7	5:30 PM	JV Basketball	Paramus Catholic	Paramus Catholic
Tuesday, January 7	7:00 PM	Var Basketball	Paramus Catholic	Paramus Catholic
<b>Wednesday, January 8</b>	<b>2:30 PM</b>	<b>Var Ice Hockey</b>	<b>Seton Hall Prep</b>	<b>Ice House</b>
Wednesday, January 8	4:00 PM	Swimming	Paramus Catholic	Lodi Boys/Girls Club
Wednesday, January 8	4:00 PM	V/JV Bowling	Clifton	Bowler City
<b>Wednesday, January 8</b>	<b>7:00 PM</b>	<b>Wrestling</b>	<b>DePaul Catholic</b>	<b>Hoehl Gymnasium</b>
Thursday, January 9	5:00 PM	Swimming	St. Peter's Prep	St. Peter's University
Thursday, January 9	5:00 PM	Skiing	Giant Slalom	Mountain Creek
<b>Thursday, January 9</b>	<b>4:00 PM</b>	<b>Fr Basketball</b>	<b>DePaul Catholic</b>	<b>Hoehl Gymnasium</b>
<b>Thursday, January 9</b>	<b>5:30 PM</b>	<b>JV Basketball</b>	<b>DePaul Catholic</b>	<b>Hoehl Gymnasium</b>
<b>Thursday, January 9</b>	<b>7:00 PM</b>	<b>Var Basketball</b>	<b>DePaul Catholic</b>	<b>Hoehl Gymnasium</b>
Friday, January 10	7:00 PM	Wrestling	Paramus Catholic	Paramus Catholic
<b>Friday, January 10</b>	<b>9:00 PM</b>	<b>JV Ice Hockey</b>	<b>St. Joseph Regional</b>	<b>Ice House</b>
Friday, January 10	4:30 PM	Indoor Track	Zaccone Invitational	FDU
Saturday, January 11	9:30 AM	Indoor Track	Garfield Shot/HJ	Garfield HS
<b>Saturday, January 11</b>	<b>10:00 AM</b>	<b>Wrestling</b>	<b>Crusader Quad</b>	<b>Hoehl Gymnasium</b>

Buchanan (CA), Penncrest (PA), St. Anthony (NY)

## **CURRENT TEAM RANKINGS**

**BASKETBALL WRESTLING HOCKEY SWIMMING**



### Prayer of Thanks for Blessed Edmund Rice

O God, we thank you for the life of **Edmund Rice**. He opened his heart to Christ present in those oppressed by poverty and injustice. May we follow his example of faith and generosity. Grant us the courage and compassion of **Edmund** as we seek to live lives of love and service.

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